



THE **HARMONY**  
OF **COLOUR** SERIES

# PUPS AND CUBS

RELAX AND UNWIND WITH  
ADULT COLOURING



BOOK SIXTY NINE

AUST \$12.95 NZ \$12.95 INC GST

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 nuclear  
By Nicky Atkinson



THE **HARMONY**  
OF **COLOUR** SERIES

PUPS  
A N D  
CUBS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

*Harmony of Colour Book Sixty Nine: Pups and Cubs* offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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All images: Shutterstock







"A dog will teach you  
unconditional love. If  
you can have that in  
your life, things won't  
be too bad."

— Robert Wagner —



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"I have found that when  
you are deeply troubled,  
there are things you get  
from the silent devoted  
companionship of a  
dog that you can get  
from no other source."

— Doris Day —



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“To a dog, motoring isn’t just a way of getting from here to there, it’s also a thrill and an adventure. The mere jingle of car keys is enough to send most any dog into a whimpering, tail-wagging frenzy.”

— Jon Winokur —



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“The great pleasure of a dog is that you may make a fool of yourself with him and not only will he not scold you, but he will make a fool of himself too.”

— Samuel Butler —



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"If you don't own a dog,  
at least one, there is not  
necessarily anything  
wrong with you, but there  
may be something  
wrong with your life."

— Roger Caras —



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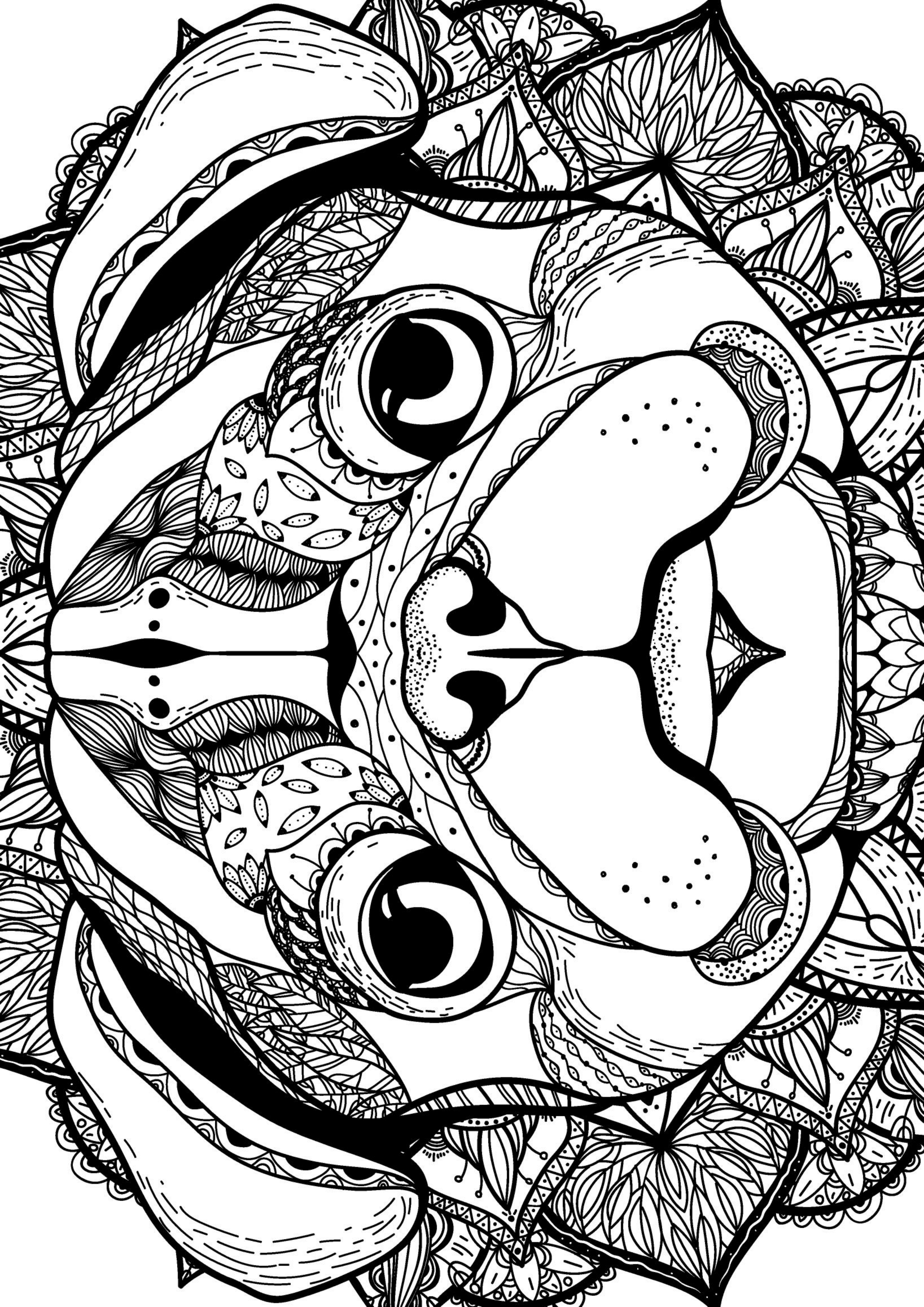
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"If you have a dog, you will most likely outlive it; to get a dog is to open yourself to profound joy and, prospectively, to equally profound sadness."

— Marjorie Garber —



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“Dogs are wise. They  
crawl away into a  
quiet corner and lick  
their wounds and do  
not rejoin the world  
until they are whole  
once more.”

— Agatha Christie —



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“You can say any fool thing  
to a dog and the dog will  
just give you this look that  
says, ‘My GOSH, you’re  
RIGHT! I NEVER would’ve  
thought of that!”

— Dave Barry —



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“When most of us  
talk to our dogs, we  
tend to forget that  
they’re not people.”

— Julia Glass —



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“The dog has seldom been  
successful in pulling man up  
to its level of sagacity, but  
man has frequently dragged  
the dog down to his.”

— James Thurber —



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"My little dog - a  
heartbeat at my feet."

— Edith Wharton —



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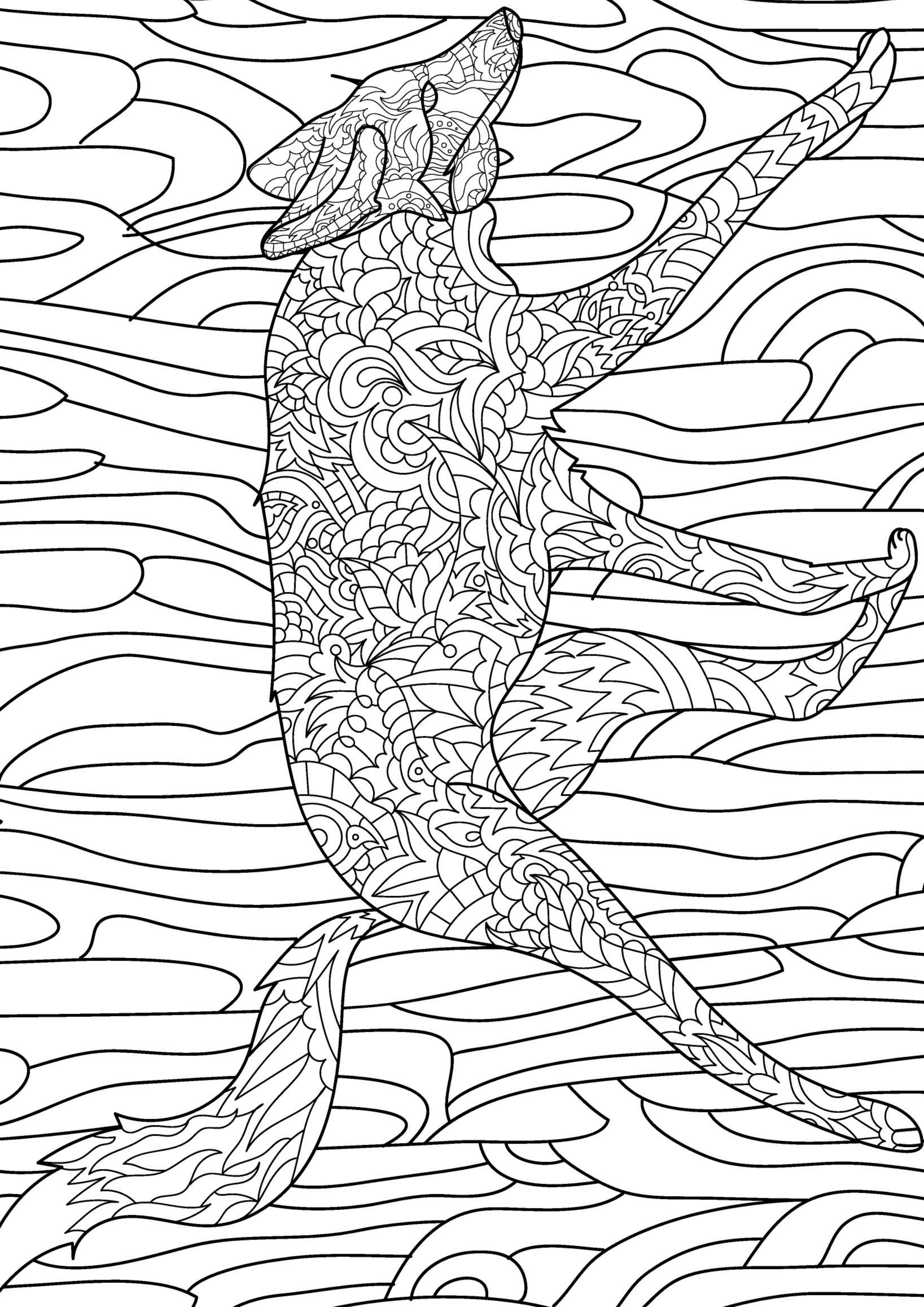
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“The purity of a person’s heart  
can be quickly measured by  
how they regard animals.”

— Theophile Gautier —



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"I am convinced that  
basically dogs think  
humans are nuts."

— John Steinbeck —



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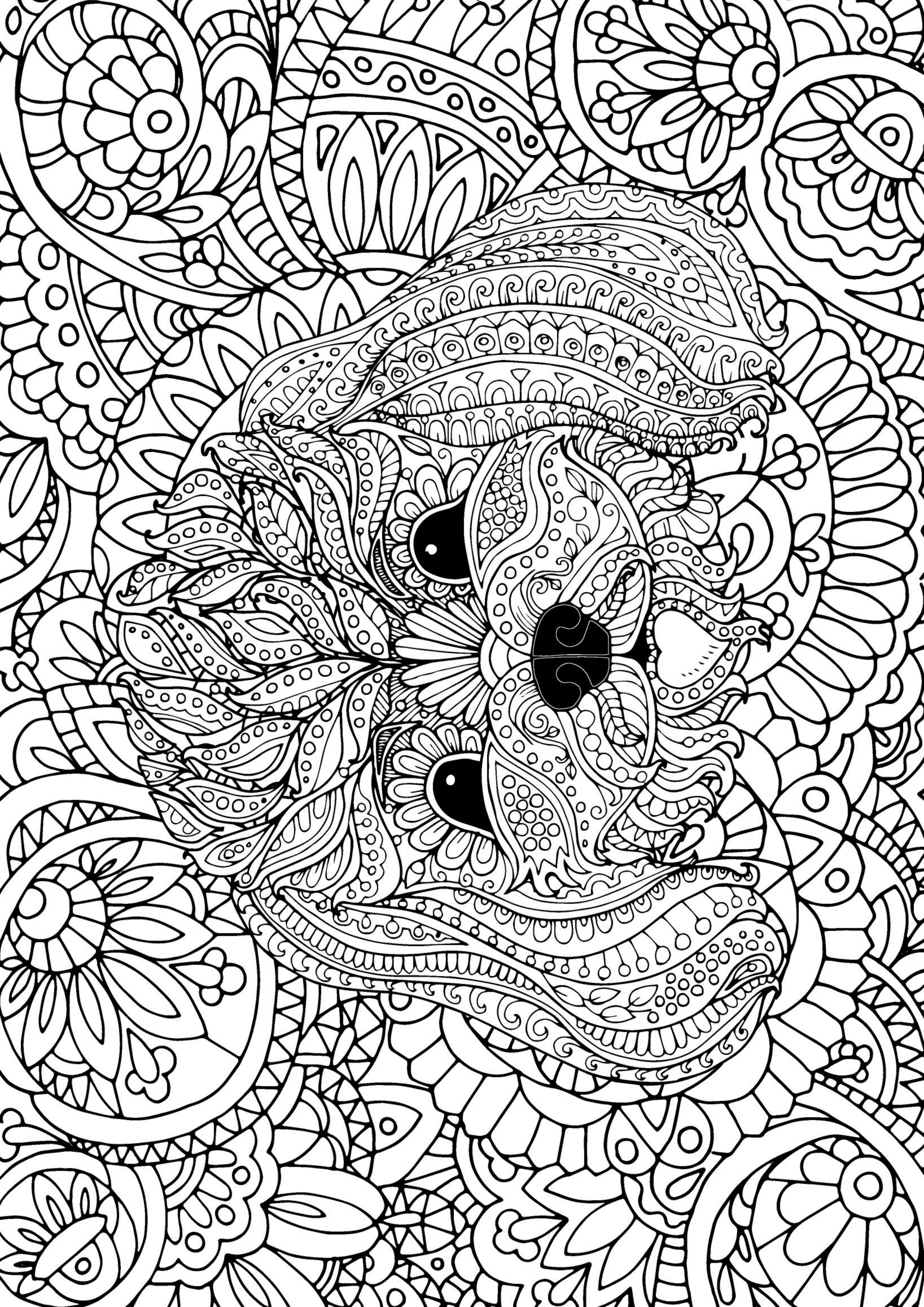
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“Dogs are easier to  
love than people;  
they’re certainly more  
dependable. Once they  
love you, that’s it. A true  
friend in life is a dog.”

— Joan Rivers —



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“Until one has loved  
an animal a part of  
one’s soul remains  
unawakened.”

— Anatole France —



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“All his life he tried to be  
a good person. Many  
times, however, he failed.  
For after all, he was only  
human. He wasn't a dog.”

— Charles M. Schulz —



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“Dogs never lie about love.”

— Jeffrey Moussaieff Masson —



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"No one appreciates  
the very special genius  
of your conversation as  
the dog does."

— Christopher Morley —



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"A dog can't think that  
much about what he's  
doing, he just does  
what feels right."

— Barbara Kingsolver —



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“What counts is not  
necessarily the size of  
the dog in the fight -  
it’s the size of the  
fight in the dog.”

— Dwight D. Eisenhower —



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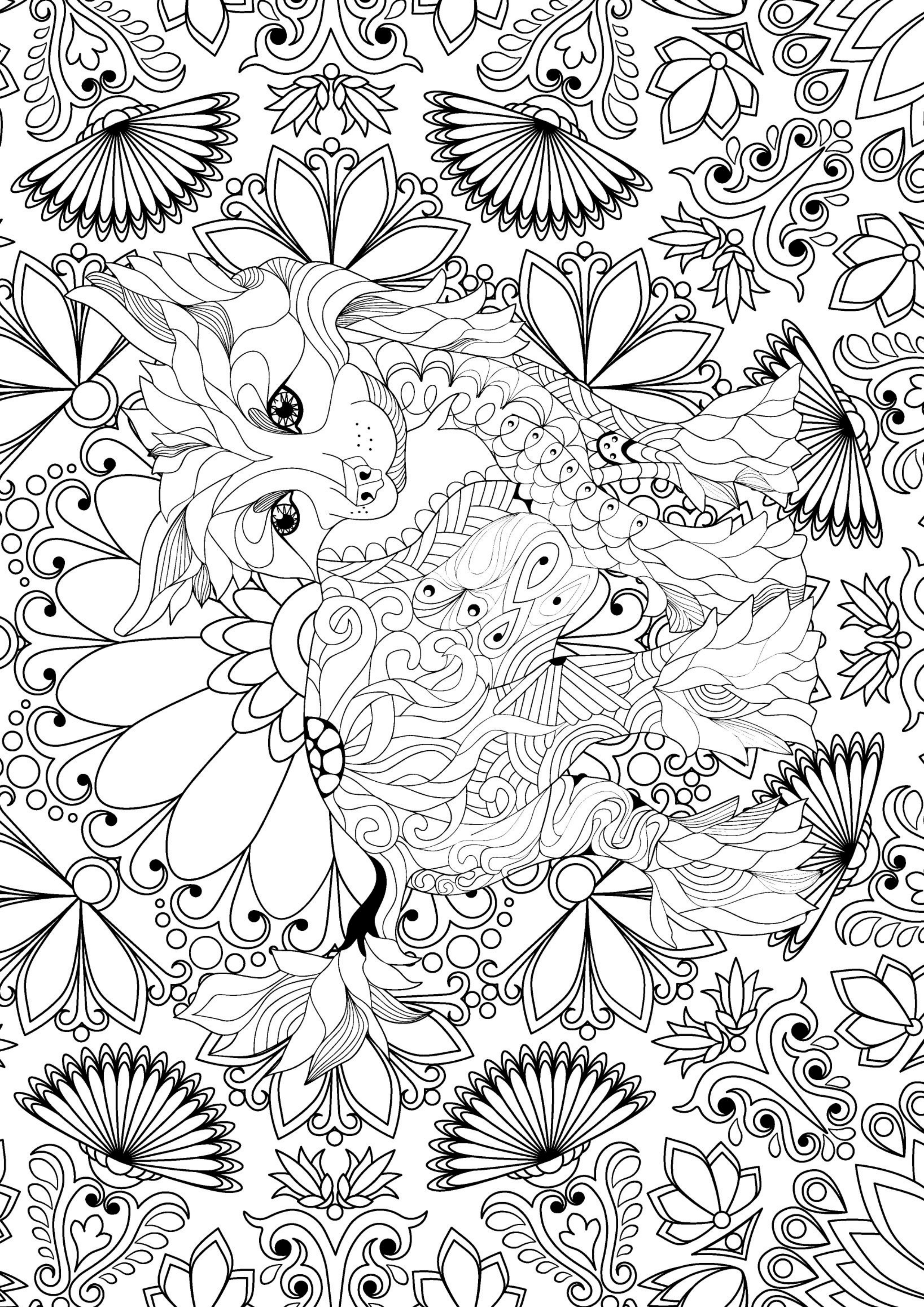
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"A house is not a home  
until it has a dog."

— Gerald Durrell —



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“Properly trained, a  
man can be dog’s  
best friend.”

— Corey Ford —



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"Once you have had  
a wonderful dog, a life  
without one, is a life  
diminished."

— Dean Koontz —



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"A person who has never  
owned a dog has missed  
a wonderful part of life."

— Bob Barker —



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“To sit with a dog on a  
hillside on a glorious  
afternoon is to be back  
in Eden, where doing  
nothing was not boring  
- it was peace.”

— Milan Kundera —



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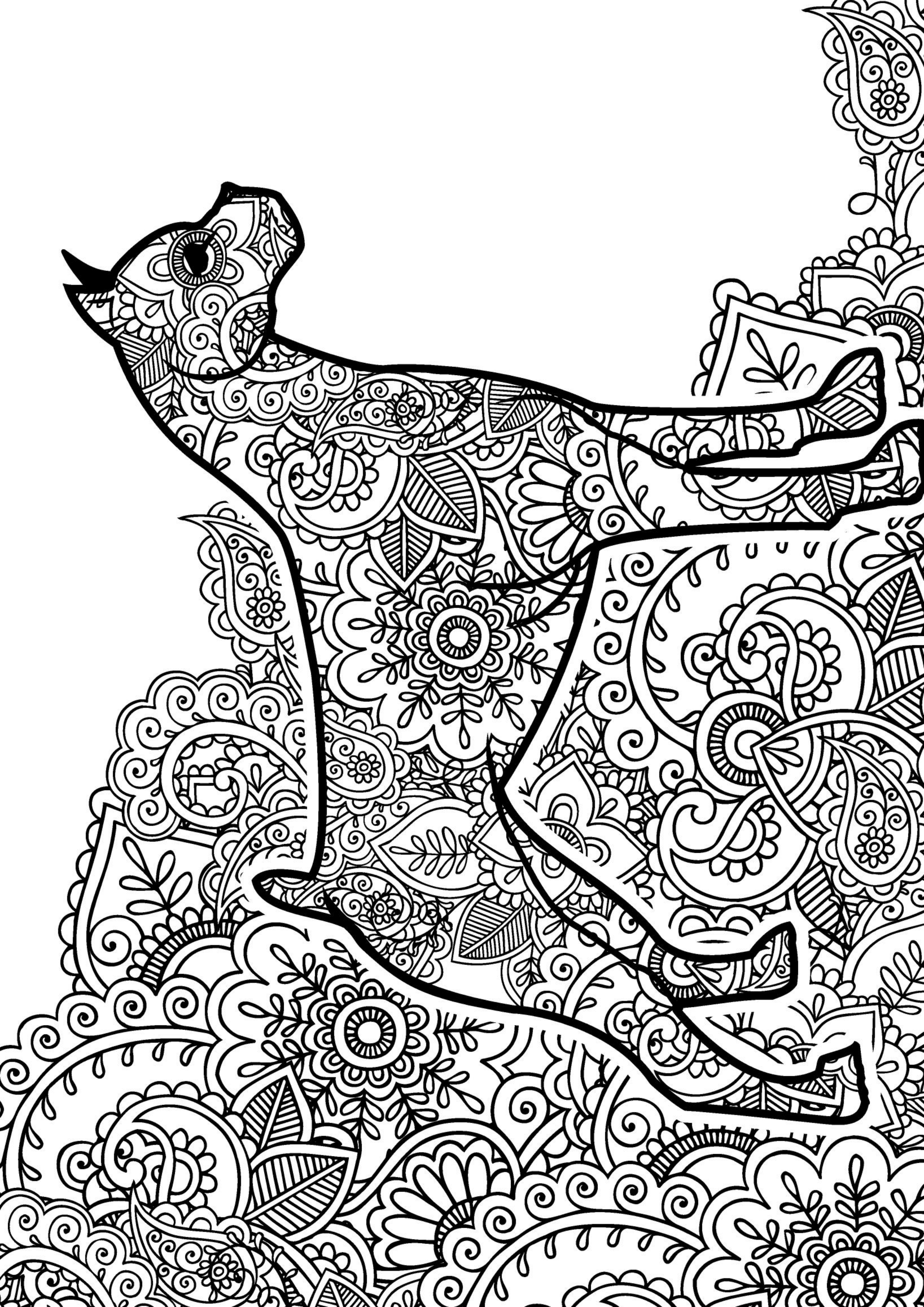
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“Dogs’ lives are too short.  
Their only fault, really.

— Agnes Sligh Turnbull —



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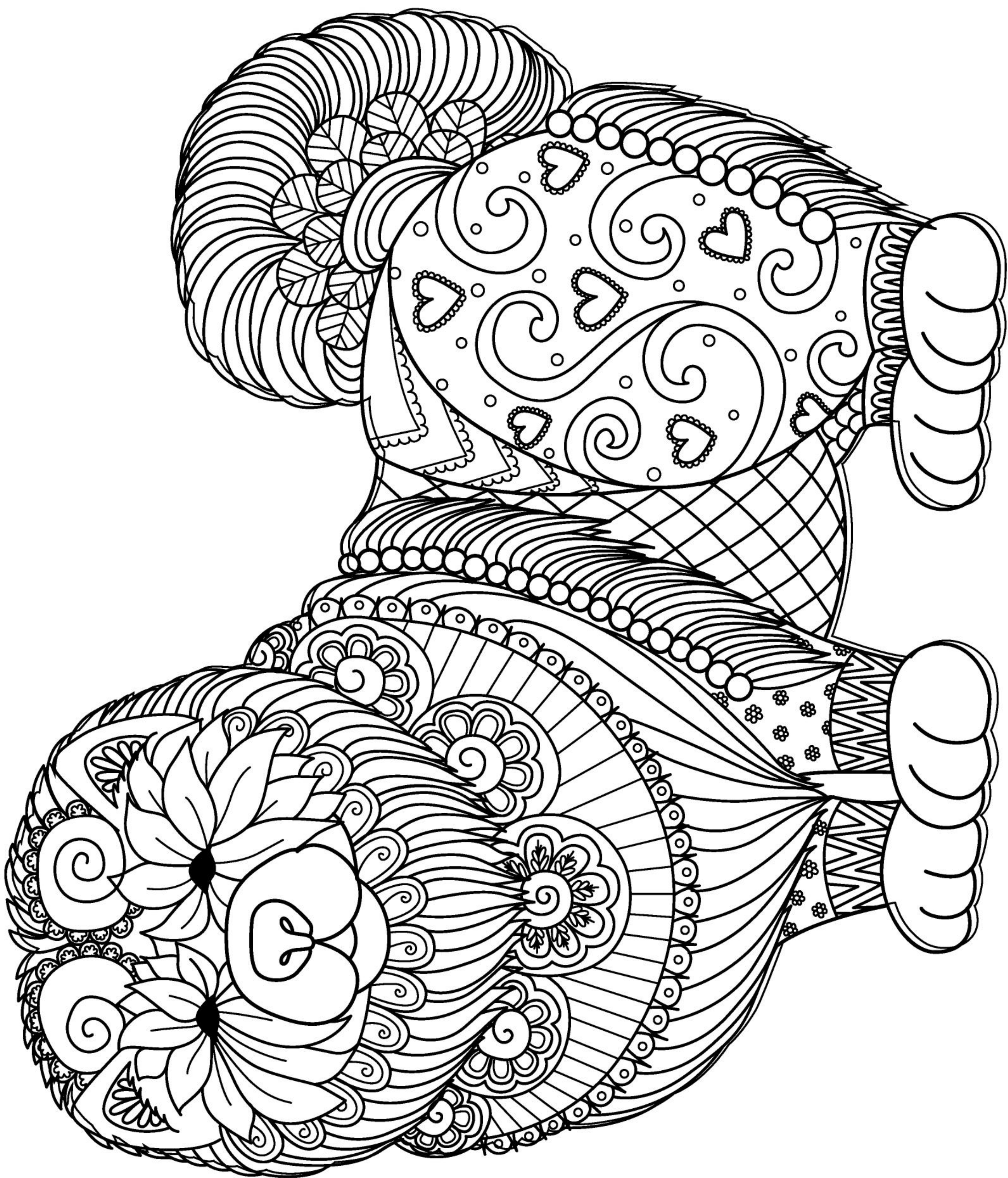
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“The only creatures that are  
evolved enough to convey pure  
love are dogs and infants.”

— Johnny Depp —



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"I think dogs are the most amazing creatures; they give unconditional love. For me they are the role model for being alive."

— Gilda Radner —



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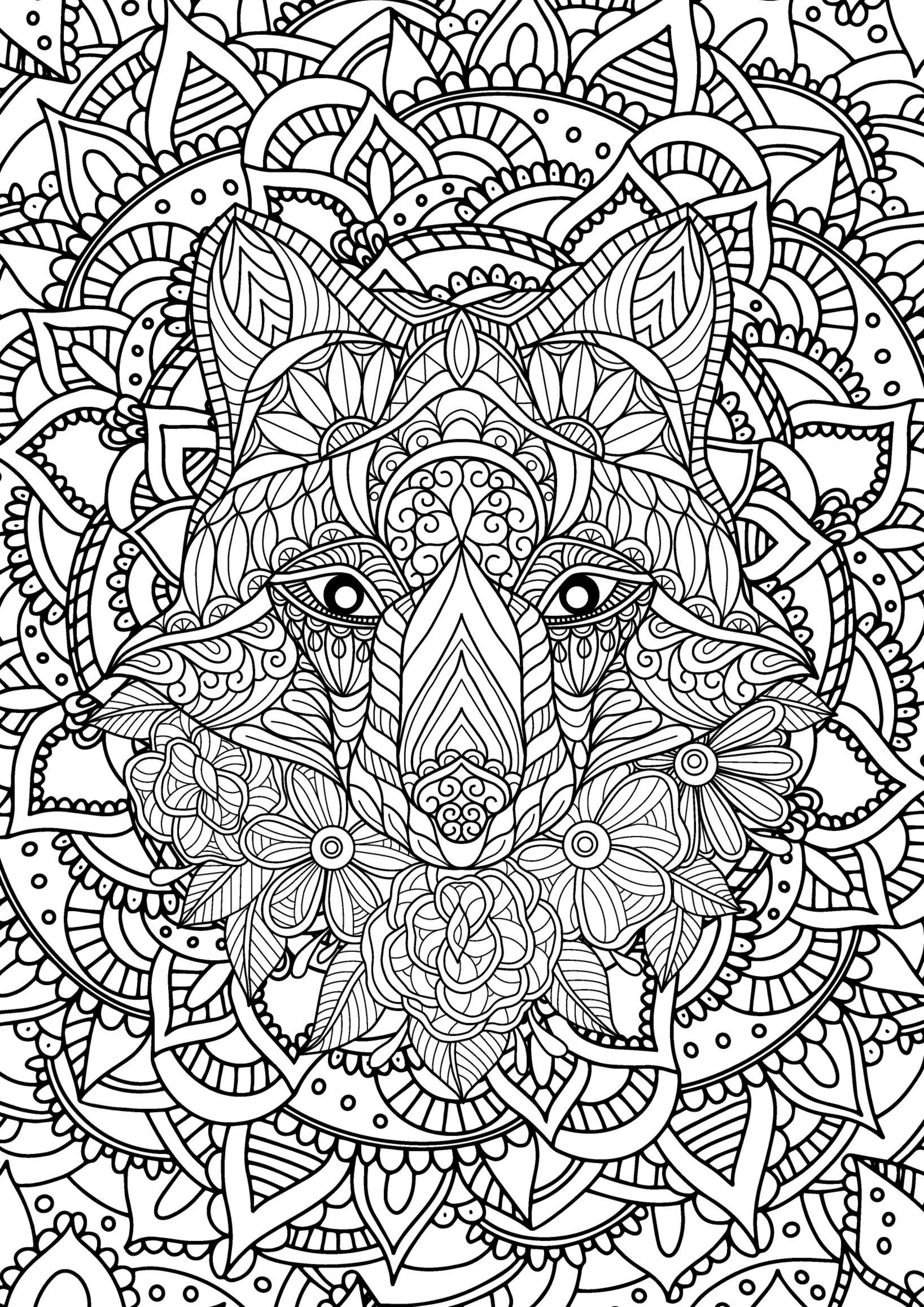
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“Dogs are not our  
whole life, but  
they make our  
lives whole.”

— Roger Caras —



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"A dog is the only  
thing on earth that  
loves you more than  
you love yourself."

— Josh Billings —



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“There is no psychiatrist  
in the world like a puppy  
licking your face.”

— Bernard Williams —



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"A puppy is but a dog,  
plus high spirits, and  
minus common sense."

— Agnes Repplier —



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“When you feel lousy,  
puppy therapy is  
indicated.”

— Sara Paretsky —



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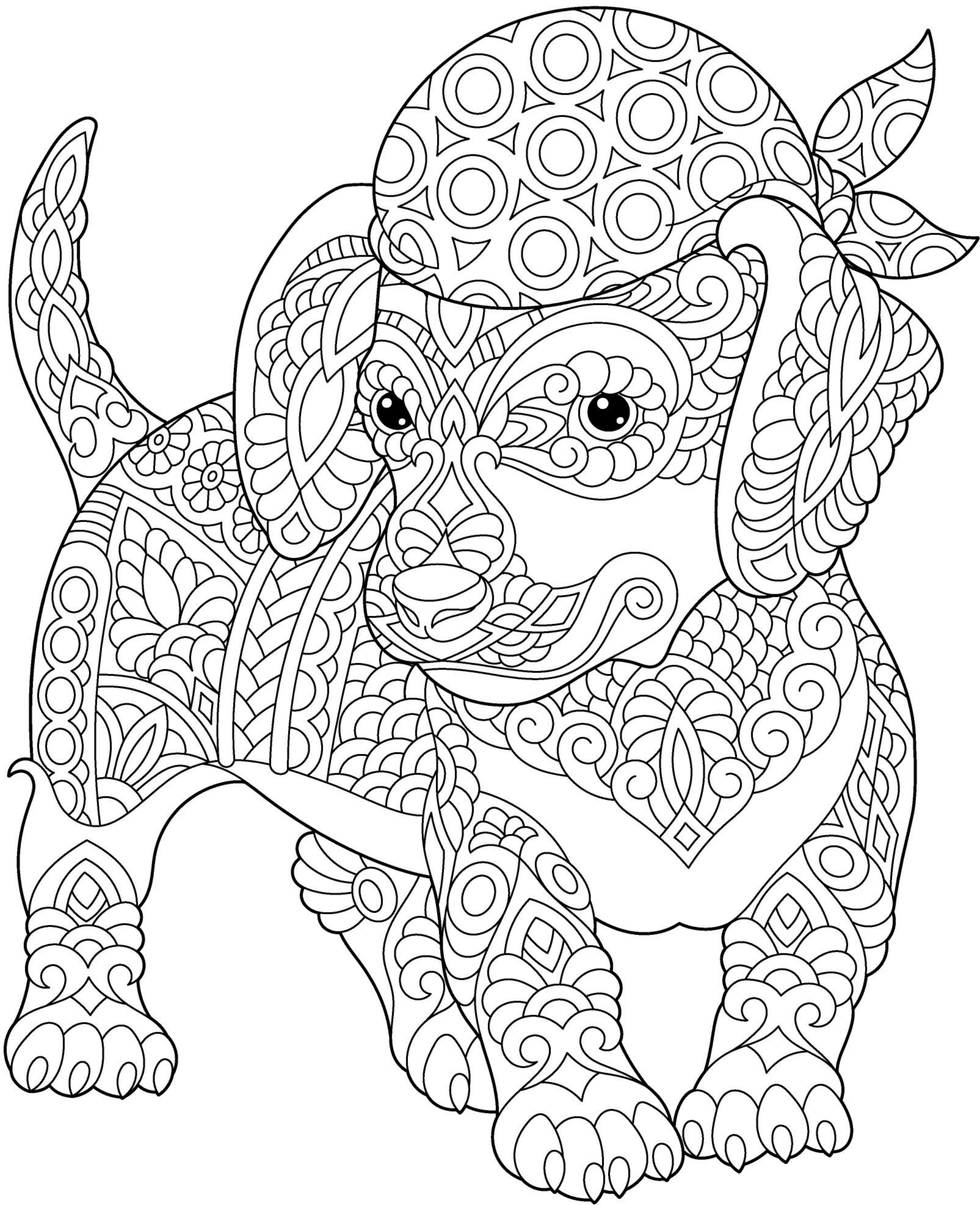
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“Training a puppy is like raising a child. Every single interaction is a training opportunity.”

— Ian Dunbar —



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“Whoever said you  
can’t buy happiness  
forgot little puppies.”

— Gene Hill —



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“Happiness is a warm puppy.”

— Charles M. Schulz —



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RELAX AND UNWIND WITH  
ADULT COLOURING



# THE ENTIRE HARMONY OF COLOUR COLLECTION



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**N U C L E A R . C O M . A U / S H O P**

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